

# HEALTHY CONVENIENT SATISFYING

- Hummus supports healthy eating. **Vegan & Vegetarian** friendly - 0g Trans Fat 0g Cholesterol.
- Made with simple, clean ingredients - fresh from the fields, containing all of the nutrition and health benefits of fresh produce.
- Allergen & Gluten Free. Produced in a nut-free facility.
- High in protein, iron, calcium, and dietary fiber.
- Ready-to-enjoy. Conveniently sized in 9.5 oz tubs.

*Sarah's*  
**HARVEST**™

*Fresh Green Chickpea  
Hummus*



We welcome your questions  
or comments.

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**HUMMUS**  
*at it's best!*



*Sarah's*  
**HARVEST**™

*Fresh Green Chickpea  
Hummus*

The name “**HUMMUS**” comes from the Arabic word meaning “**CHICKPEAS.**”

**TRADITIONAL HUMMUS IS MADE WITH DRIED CHICKPEAS**



**SARAH'S HARVEST**

Is made from **FRESH CHICKPEAS** that are still **GREEN**, moist, and rich with the healthy nutrients still present at harvest.



Its flavor and nutrition transcends that of traditional hummus, and its natural green color will not oxidize!



- ◆ Nutritious & excellent for vegetarian diets!
- ◆ Made with Natural Ingredients
- ◆ Allergen & Gluten Free
- ◆ Non GMO
- ◆ Low Calorie & Carbohydrate
- ◆ Good source of protein, fiber & folate
- ◆ Cholesterol Free
- ◆ 0 Trans and Saturated Fats
- ◆ No added sugar
- ◆ Eat as a dip, spread or



**Three delicious flavors!**

**Original Recipe** 🍃🍃

**Fresh Cilantro & Jalapeño** 🌿🌶️

**Roasted Garlic & Rosemary** 🧄🌿

**Good Taste**  
**ALWAYS**  
**matters!**